

FREE HANDS-ONLY CPR TRAINING



We'd like to invite you to attend a free 30-minute training on Hands-Only CPR. Not only will you learn a skill that can save lives, there will be music and fun for friends and family on-site.

Additionally, everyone who gets trained will take home a **free CPR Anytime Kit** to share this important life-saving information with loved ones. We hope to see you there!



2 STEPS TO SAVE A LIFE



#CPRSAVESLIVES

Hands-Only CPR is nationally supported by



FIND US ON:



www.heart.org/handsonlycpr

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